

MIAMI COUNTY 4-H NEWS UPDATE

WEEK OF DECEMBER 21, 2020

NEW: EXTENSION OFFICES TEMPORARILY CLOSED

Given the rise of COVID-19 in Ohio, **effective Monday, December 21 through January 1, all O.S.U. Extension County Offices will be closed to the public.** Our staff will continue to telework to serve our clientele as safely and efficiently as possible. Unfortunately, we will not be available to schedule in-person appointments or appointments for pick-up or distribution of materials.

In addition, effective December 7, 2020 all 4-H meetings and events are to be canceled, postponed, or held virtually until January 15, 2021.

For questions, please email us. A complete listing of staff email addresses is available at: <https://miami.osu.edu>. Thank you for your understanding. Happy holidays and stay safe.

OHIO STATE FAIR - MARKET BEEF DNA KITS/EID TAGS

The Ohio State Fair has agreed to extend the deadline for receiving DNA kits for Market Beef to **January 30th, 2021.**

OHIO 4-H CLOVERBUD TIME CAPSULE

Have you ever thought about creating a family time capsule? 2020 has been an unprecedented year and there are some important memories you might want to capture for the future. Christy Millhouse, 4-H Extension Educator in Preble County has developed a guide to help us create a family time capsule. You can print a copy [here](#). Good luck and have fun!!

4-H CLOVERBUD CONNECTIONS

This blog provides a unique blend of education, activities, and fun for Cloverbud Volunteers as they lead kindergarten through second grade youth. This week's edition is entitled "Home for the Virtual Holidays". To read the post and subscribe to future posts, please click [here](#).

4-H AT HOME

Just in time for the holidays, enjoy three downloadable fun, educational, resources for kids and teens to do at home. Explore science, baking, and crafting activities. Download activities to continue "doing and learning" during the holiday season. Prepare tasty recipes from 4-Hers across the nation. Click [here](#) to learn more.

OHIO JUNIOR FAIR CONFERENCE

The Ohio Junior Fair Conference will be Saturday, January 9, 2021. Live discussions will be offered online (10:00 A.M.- 11:00 A.M.). Recorded training sessions will be available online.

**THE OHIO STATE UNIVERSITY**COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCESCFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information, visit cfaesdiversity.osu.edu. For an accessible format of this publication, visit cfaes.osu.edu/accessibility.**miami.osu.edu**

OHIO 4-H MENTAL HEALTH AWARENESS MONTH

January is Ohio 4-H Mental Health Awareness Month. All month we will have virtual opportunities for youth and volunteers to learn more about mental health on our website and Facebook pages, as well as virtual SPIN Clubs and volunteer trainings.

You are invited to attend the Ohio 4-H Volunteer Mental Health Training series each Wednesday in January. These trainings will be held virtually on ZOOM from 6:00 P.M. – 7:00 P.M. Each training is stand alone, so you can pick and choose which training(s) you'd like to attend. Click [here](#) for a flyer giving detailed descriptions of each training:

- January 6 – Mental Health 101
- January 13 – Typical Adolescence vs. Emerging Mental Health Problems
- January 20 – Trauma Informed Approaches Training
- January 27 – Recognizing the signs and symptoms of Suicide and Non-Suicidal Self-Injury

To register for any of the trainings, please go to <http://go.osu.edu/4HMHtraining>.

OHIO 4-H HORSE PROGRAM UPDATES FOR 2021

- Revised Uniform Rules for 4-H Horse Shows
- Upcoming Virtual Events:
 - Ohio 4-H Horse Advisor/Volunteer Conference: January 30th
 - 4-H Hippology, Horse Bowl, & Horse Judging Educational Clinic: February 20th
- For more information, visit <https://horse.osu.edu>.

4-H WORLD CHANGERS: LEARN TO CODE

Have you ever wanted to learn how to program your own game? This virtual 4-H club will begin on January 21 and is designed for middle and high school youth (grades 5-12) who have an interest in STEM and coding. Click [here](#) for more information.

2021 OHIO 4-H CONFERENCE

The 2021 Ohio 4-H Conference will be held virtually: Saturday, February 20 (9:00 A.M. - 11:35 A.M. and 1:00 P.M. - 3:35 P.M.), Tuesday, February 20 (7:00 P.M. – 9:00 P.M.), and Thursday, February 25 (7:00 P.M. - 9:00 P.M.). The session schedule will be available soon. This is a wonderful opportunity to refresh your 4-H volunteer skills from the comfort of your own home!

O.S.U. VIRTUAL JUNIOR SWINE DAY

The O.S.U. Virtual Junior Swine Day is scheduled for February 20, 2021. The complete agenda and registration information can be found at this link: www.go.osu.edu/jsd2021.

OLDER YOUTH OPPORTUNITIES

Ohio 4-H offers a variety of opportunities at the State level – including scholarships! Click [here](#) for more details.

Take care, stay safe, and just breathe.