

Peaceful Parenting Classes



Tuesdays, February 7, 14, and 21; 9:30-11:30

A three week class to help parents with children of all ages:

- Understand how child development impacts parenting
- Apply parenting principles in everyday situations
- How to engage in healthy communication with children

Week 1

- Child Development covering each stage and appropriate discipline for each stage
- Temperament
- How children think
- Developing a mission statement

Week 2

- Develop your parenting style
- Parenting basics: routines, setting rules, consequences, chores
- Punishment vs. discipline

Week 3

- Communication skills and techniques
- Developing an action plan for a particular behavior
- Problem-solving
- The peaceful part of parenting

Location:

201 W Main St
Old Courthouse
Troy, Ohio 45373
Extension Meeting Room

Cost

\$25, includes all three sessions and all course materials and handouts

For more information

OSU Extension Office
937-440-3945
Barton.345@osu.edu

miami.osu.edu

Please make checks payable to OSU Extension. Mail form and payment to: OSU Extension, 201 W Main St, Troy, Ohio 45373. Cash or credit card accepted in the office. **Deadline to register is February 3, 2017.**

Name(s): _____

Address: _____

Number attending/amount enclosed: _____

Phone: _____ Email address: _____



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES