OHIO 4-H HEALTH HEROES

Emma Moore was selected to participate in the 4-H Health Heroes program! Emma, a member of Indian Creek 4-H Club, has joined over 45 4-H Healthy Living Advocates across Ohio in promoting health in their communities. Miranda Tatom is a returning member. Last year Miranda, a member of Button Buddies 4-H Club, visited other clubs to help teach the fourth H, and was featured in the Dayton Daily News for promoting drug awareness in our county.

4-H Health Heroes is a Healthy Living Advocate Program available to 4-H teens in 7-12th grade. Teens learn how to promote healthy living in their communities while gaining valuable leadership and communication skills. Trained Health Heroes serve at the local level in their counties and those in high school may take on added responsibilities and serve on the state group.

4-H TRIPS AWARDED

Congratulations to the following Miami County 4-H members who were selected to attend State and a National trip opportunity:

- Thomas Burkett – Camp Canopy (formerly known as Forestry & Wildlife Conservation Camp)
- Alyssa Edgington – Ohio 4-H Conference
- Miranda Tatom – Buckeye Leadership Workshop and Ohio 4-H Conference
- Emma Sutherly – Citizenship Washington Focus and Ohio 4-H Conference
- Darby Welbaum – Ohio 4-H Conference

CURRENT VOLUNTEERS

A Policy 1.50 Training and 4-H Advisor Update will be held at 12:00 p.m. on Friday, February 8, in the Extension Meeting Room. All Ohio 4-H Volunteers must complete Policy 1.50 Training each year. This requirement must be completed by April 1 to be eligible to serve in 2019. Policy 1.50 Training will also be included at the beginning of each New 4-H Volunteer Orientation. At least 3 days prior to the session, please pre-register at http://go.osu.edu/MCVTRNG. Current volunteers may attend one of the face-to-face sessions OR complete the training online. For more information visit http://go.osu.edu/VLTRS.

4-H FAMILY AND CONSUMER SCIENCES/ MISCELLANEOUS PROJECT UPDATE

After years of low participation, Project Pride Day will undergo a transformation. Learn about this new and exciting change for members and their families. Join us on Tuesday, February 12, at 6:30 p.m. in the Extension Meeting Room for the 4-H FCS/Misc. Project Update. Please pre-register by Friday, February 8, at http://go.osu.edu/4HFCSMS. A minimum of five participants must sign-up, or the meeting will be canceled. For questions, please call 440-3945, or email Connie at veach.7@osu.edu.

JOANN 4-H REWARDS

4-H members, parents, and volunteers can save 15% off total in-store and online purchases every day with 4-H Rewards. JOANN will give a minimum of 2.5% of every eligible transaction to support 4-H programming. For more details visit: https://www.joann.com/4-h. Also, while you are on their site, check out 4-H fabric featured at JOANN!
DOODLEBOT WORKSHOP

Learn how to make a simple robot using a pool noodle, magic markers, a motor, battery, and switch. Second in our Discover 4-H S.T.E.A.M. series, this workshop will be 10:00 a.m. - 11:30 a.m., Saturday, February 9, in the Extension Meeting Room. The program is for children in grades K-3. The cost is $5 for non 4-H members and $3 for 4-H members. The registration and payment deadline is February 6. Register at http://go.osu.edu/DSCVRdbt.

4-H HORSE EDUCATION DAY

On Sunday, February 10, 10:00 a.m. – 4:00 p.m., judge, trainer and clinician, Terry Myers is coming to the Holmes County Fairgrounds, Millersburg, OH. Participants will learn about correct body position/posture, how good horsemanship effects performance, and how to improve their patterns. The cost is $2 per person. Lunch is provided. For questions, email myers5000@aol.com. For a program flyer, email Demetria at woods.372@osu.edu.

4-H MALL KICKOFF

We hope that you can join us as we promote the 4-H program at the 2019 4-H Mall Kickoff 10:00 a.m. – 12:00 p.m. on Saturday, February 23, at the Miami Valley Centre Mall. Clubs can help by bringing small animals, conducting project demonstrations, setting up club tables, and other activities. If you would like a table reserved, or would be willing to help with other items, please contact Demetria by Monday, February 11, at woods.372@osu.edu.

QUALITY ASSURANCE TEST-OUT OPTION

All market and lactating dairy animal exhibitors must attend a Quality Assurance Session within the State of Ohio in order to exhibit an animal at the Miami County Fair. The session must be conducted by a qualified instructor. Exhibitors ages 12-18 have the option to take a test given by a qualified instructor to test out of Quality Assurance.

There are two categories: large animals and small animals. There are also two age groups: 12-14 year olds and 15-18 year olds (ages as of January 1). The testing will be held at the Miami County Fairgrounds in the Secretary’s Office on two dates. Pre-registration is required.

Saturday, February 23, 1:00 pm—3:00 pm
Monday, February 25, 6:30 pm—8:30 pm

Please pre-register by February 18 at http://go.osu.edu/QATest or phone the Extension Office at 440-3945. A study guide to help with test preparation can be found in the Livestock Resources section of the State 4-H website. Further details are available at http://go.osu.edu/MCQA.

FARM FORUM 4-H CENTERPIECES

Congressman Warren Davidson is proud to invite all 4-H members and their families to attend the 2019 Farm Forum Saturday, March 2, 9:00 a.m. – 11:30 a.m., at Edison State Community College. His staff is seeking 4-H or agricultural themed table centerpieces for display at the event. Individual members or 4-H clubs can submit centerpieces. All centerpieces will be displayed in an online album following the event. Congressman Davidson’s staff will pick up displays from our office on February 28. For a centerpiece project checklist, please email Demetria at woods.372@osu.edu.