

# Peaceful Parenting Classes



November 12, 19 and 26, 2019; 9:30- 11:00 am

A three session class to help parents with children of all ages:

- Understand how child development impacts parenting
- Apply parenting principles in everyday situations
- How to engage in healthy communication with children

## Week 1

- Child Development covering each stage and appropriate discipline for each stage
- Temperament
- How children think
- Developing a mission statement

## Week 2

- Develop your parenting style
- Parenting basics: routines, setting rules, consequences, chores
- Punishment vs. discipline

## Week 3

- Communication skills and techniques
- Developing an action plan for a particular behavior
- Problem-solving
- The peaceful part of parenting

### Location:

201 W Main St  
Old Courthouse  
Troy, Ohio 45373  
Extension Meeting Room

### For more information

OSU Extension Office  
937-440-3945  
Barton.345@osu.edu  
[miami.osu.edu](http://miami.osu.edu)

**Deadline to register November 11, 2019.** Peaceful Parenting

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Number attending/amount enclosed: \_\_\_\_\_

Phone: \_\_\_\_\_ Email address: \_\_\_\_\_



**THE OHIO STATE UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES